

SEIT 1911



*Preparation
of milk formula*



Which bottle? Which milk and how much powder to use?

We provide the answers to questions about the preparation of your baby's milk bottle.

Let's look at the below steps:

1. First, get a suitable bottle for your baby. It should be boiled or sterilized. Depending on your baby's age and how much they drink, you can find a suitable bottle in every drugstore.



2. Now boil the required amount of drinking water and let it cool down to 40-50 ° C. The amount of water is stated on the packaging - however, it is usually 200 ml.



3. For one serving, first fill the bottle up to halfway with the boiled water.

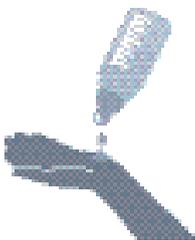
4. Then add the milk powder. The measuring spoon (included in the package) may only be levelled. The best thing to do is to wipe off the excess milk powder with the back of a knife. The age-appropriate quantities can be found on the back of the package.



5. Now close the bottle tightly and shake it until the powder has completely dissolved. A small layer of foam is created, but it dissolves by itself after a short time. For children with a sensitive tummy, the milk can alternatively be mixed in a saucepan so that there is no foam.



6. Now you can add the rest of the water, shake or stir again. Then wait a moment for the foam to dissolve.



7. Let the milk cool down to drinking temperature. To check the temperature, simply put a drop on your inner wrist. If it feels neither warm nor cold, the milk is ready.

Attention: If your baby did not finish the milk, the rest should not be used for another meal, but should be thrown away. Don't forget to carefully close the milk powder bag again to preserve the shelf life. Also, do not refill the milk powder box. The powder can get wet if you do this, or something unpleasant can fall into it. Rather store in a tightly sealed box/tupper.